Attendance - please initial to the left of your name
Tuesday, September 17, 2019
pta.nashua@gmail.com
nashuapta.my-pta.org
6 PM
Nashua Library www.facebook.com/NashuaElementaryPTA

## Business Members

$\square$ Chief Heating \& Cooling, Inc. - Brian Olberding

Individual Members - sorted by first name
if you are not a member, please sign under Guests on the back


Amanda Timmermeyer
Amanda Verona
Amy Green
Amy Howery
Amy Kralik
Amy Wazac
Andrea Fountain
Andrea Plummer
Angela Hill
Arika Karvelas
Ashley Pilgrim
Aubrey Brown
Belinda Schaeffer
Beth Huebener
Billie Pearson
Binder
Bre'Ann Robinson
Bret Mock
Brian Olberding
Britney Portner
Carol Cobb
Catherine Holmes
Catherine Munson
Cathy Cross
Cathy Ford
Christina Taggert
Christina Thornsberry
Corey Gillespie
Debra Crisafulli
Diane Shields
Emmy Berry
Erin Cullen
Heidi Hiebert
Heidi Sullivan
Jaimie Contreras

|  | Jamie SchatzJan Kline |
| :---: | :---: |
|  |  |
|  | Janice Heins |
|  | Janine Perry Jason Schaeffer |
|  | Jennifer Beatty |
|  | Jennifer Mills |
| $7$ | Jennifer Tillock |
|  | Jessica Myers |
|  | Kali Schoening |
|  | Kari Johnson |
|  | Kathy Stitt |
|  | Katie Breault |
|  | Katie Brothers |
|  | Kendra Lowe |
|  | Kerri Lacy |
|  | Khrysta Stumph |
| 1 | Kristi Potratz |
|  | Lacie Reid |
|  | Lana Valentine |
|  | Laura Meador |
| AMLaura Mock |  |
|  | Lauren Erickson |
|  | Lindsay Stafford |
|  | Lindsey Doolittle |
|  | Liz Brauchle |
|  | Lynda Sprague |
|  | Madison Sanders |
|  | Marco Montgomery |
| M | Margie Vroom |
|  | Mark Alfrey |
|  | Martha L Trujillo |
|  | Martha Oliver |
| NOH | Megan Micek |



Guests


Guests are welcome! Members may vote. Individual Memberships are \$6; Business Memberships are \$10.

## Guest Speaker

$\star$ None

## Staff Presentation

$\star \quad 1^{\text {st }}$ Grade - Celebrated International Dot Day September $16^{\text {th }}$ as a school
$\star$ Shared video of the 4 first grade classes celebrating with different activities.

## Principal's Update

* Patriots Day 9/11/19
$\star$ Tomorrow is Staley HC Parade - Kindness Committee is participating in HC parade tomorrow.
$\star$ Nashua Red Friday on Friday!
* Next week is "start with Hello" Brochure passed out - starting conversations with kids who might feel left out or isolated. Will do many activities, including conversation starters on Tuesday.
$\star$ October - Parent Teacher Conferences Oct 8-9 ${ }^{\text {th }}$
$\star$ No School Oct $11^{\text {th }} \& 14^{\text {th }}$
$\star$ Staley Marching Band presenting on the playground in October.
$\star$ Fall Parade and Parties on 10-31


## Field Trip Update

- K -
- $1^{\text {st }}$
- $2^{\text {nd }}$
- $3^{\text {rd }}$
- $4^{\text {th }}$
- $5^{\text {th }}$


## President

$\star$ PTA Meetings are all listed on the FB Page - please be sure and check that out for all things PTA.

## Vice President

$\star$ This position is open this year - please see Robyn if you are interested in taking over this role

Secretary

- Approve minutes from May 2019 -


## Treasurer

$\star$ Doing great this year $\$ 23440.30$ bank balance
$\star$ Almost $\$ 1000$ from fundraiser buyout, 112 bought out.
$\star$ Last year, we were not billed for the busses for the fieldtrips until the Sumer. Our fiscal year closed before we got this bill. All extra funds go to the big ticket budget - propose we use these funds to pay the bill
$\star$ Motion to be use our big ticket funds in the amount of $\$ 650$ to pay off the bus bill made by Heidi Huebert, Bre'Anne Robinson second Motion passes

Big Ticket Request - Carol Cobb has requested we purchase Red Ribbons and Dog Tags for Red Ribbon Week this year. This has been purchased in the past. Third Week in October is Red Ribbon Week.
Motion to spend up to $\$ 200$ on Red Ribbons and Dog Tags made by Heidi Huebert, spending no more than $\$ 200$ from Big Ticket. Second by Amanda Timermeyer Motion Passes

## Back to School Night

Done - Thank you to Misty and Diane

## Secretary -

^ Motion to approve minutes from May 2019 - No Objections

## Book Fair

$\star$ October $7^{\text {th }}-11^{\text {th }}$ bring books the week before that, will report on exact date to have them up for the teachers. We have a new book coordinator.
$\star$ Discussion on how scholastic dollars are used from the book fair, they are given to the Library.
$\star$ Sign up to volunteer please!

## Bulletin Board

* Megan Micek - Updated


## Cookie Receptions

$\star$ This position is open - we need someone to take it over.
ฝ It was suggested that we do away with the cookie receptions and instead, set up an art display for each grade at the cookie receptions. Items can be requested from the district.
$\star$ Motion to eliminate cookie reception line item in favor of Ms. Doolittle's art show instead at music programs and put the cookie reception money into the big ticket budget made by Jen Robert. Second by Bree'Anne Robinson Motion Passes

## Fall/Winter Family Events

$\star$ Nothing Scheduled at this point. If interested in scheduling something for December or January -

- Amy Wozac (not the official chair) Had an idea for a Family Movie Night - about $\$ 250$ for a license for one movie, one time. Year long license is more. Citizens Bank is able to provide all the things we need, light, projector, sounds, etc. She has spoken with them about sponsoring the event.
- Has dates in mind of October/November
- Has a dentist interested in sponsoring an event that she is going to reach out to

ぇ If interested in coordination of these events, reach out to PTA

## Family Fun Night

$\star$ In May - we need a chair for this event. It is organized into a spreadsheet with dates of when things need to be done.
^ We may need to consider moving it to another date, rather than "First Friday" - we also lose help with our teenagers.
$\star$ Will table the date move until we can look at the calendar

## Field Day Snacks

$\star$ No update at this time

## Fundraising

$\star$ Chair: Megan Micek - We are doing the Variety Show on THURSDAY! We need volunteers for a couple of spots - check out our FB page and Sign Up Genius.

* So far this event has raised the most money for the school in the past 5 years


## Sun Fresh Raffle

- Will update at next meeting - raffle will be scheduled, we will earn $100 \%$ of those proceeds.


## Kindergarten Roundup

$\star$ Spring - No update at this time

## Labels

$\star$ September Labels day was awesome! October $8^{\text {th }}$ is Mis-Matched day! Send your labels!
$\star$ We will need to start spreading use of the apps, because we bring in $\$ 1000$ a year from here, and we don't want to lose those funds!

## Membership

^ Memberships Available for $\$ \mathbf{\$}$, $\$ 10$ for businesses - see Kristy or Amanda

## Mercury Gym Nights

$\star$ We had 77 people at the event in August, earned \$77

## Restaurant Nights

Chipotle tomorrow night!! You will need the flyer or show on the phone. Online orders don't count.

## Reflections -

* No update at this time


## Room Party Food

$\star$ Fall Party October $31^{\text {st }}$

* Sunfresh is giving us water again
$\star$ Working with the nurse to find allergy friendly foods for everyone.
$\star$ Need Room Party Leaders - show up and open the box
^ Party Favors - send party favors
* Photographers - take pictures for the party and throughout the year, sign up through SignUp Genius


## Room Party Games

$\star$ TBD
5th Grade Sock Hop
$\star$ TBD
Spirit Wear

* It's coming - they have an online order. Waiting on them to release the website to us.

Staff Appreciation
$\star$ TBD

## Sunshine

$\star$ Robyn - Committee Chair - provide gifts to teaches when they have an event in their life.

Tree Maintenance
$\star$ Working on mulch
Website
$\star$ Teresa Morlan is taking over next year.
$\star$ News Items due Friday, notices out next month for all the fee's due. Room Parties, Yearbook and Memberships will be listed.

Yearbook
$\star$ Buy them!
Other New Business
$\star$ None

## AT EVERY SCHOOL AND IN EVERY COMMUNITY...

there are young people who suffer silently because they feel left out, alone or invisible


Social isolation is an individual's perceived or real separation from a group of peers. It is a feelling that you don't fit in. that you don't belong, or that you have been left out. The separation may be the result of a rejection from others, or from the person's own withdrawal from others. Social isolation can happen in person or online.
Social isolation can become a serlous issue. Young people who experience social isolation can become a victim of bullying, violence and/or depression.
As a resuit, many pull further away from society, struggle with learning and socia development and/or may choose to hurt themselves or others.
There is a difference between social isolation and healthy alone time. Not all alone time is bad. Healthy alone time is when you choose to be alone to clear your mind, take a break from 'socializing," give time to focus on and recharge yourself, and/or work through problems or possibilities without any outside influence. Some people are introverted, and need more healthy alone time than others.

## ABOUT SANOY HOOK PROMISE

Sandy Hook Promise (SHP) is a national. nonprofit organization based in Newtown, Connecticut. SHP is led by severa family members whose loved ones were killed in the tragic mass shooting at Sandy Hook School on December 14 . 2012. SHP's sole purpose is to educate and empower parents, schools and community organizations on how to prevent gun violence BEFORE It happens by providing mental health \& wellness early-identification and intervention programs, gun safety storage practices and advocating for sensible state and federal violence prevention policy

## FOR MORE INFORMATION

About Sandy Hook Promise and our other school and community-based prevention programs and training, please visit: sandyhookpromiseorg Make the Promise and together we can protect children from preventable gun violence.
 PROMISE

## START with

 Hello
## PARENT GUIDE

> FOR PARENTS OF STUOENTS IN GRADES 2 -12

YOU CAN START WITH HELLO IN 3 SIMPLE STEPS:


## WE NEED YOU!

 HERES HOW YOU CAN HELP.
## FOR ALL AGES

- Make Start With Hello part of your family culture. Make an intentional effort to greet each other with hello and ask questions about each other's day.
- Practice active listening.

During car rides or at dinner challenge each other to use eye contact and truly listen.

- Model best practices for your child. Say hello to strangers on the street and make conversations at stores or restaurants.
- Share your story.

Tell your child a story about a time that you reached out to someone who was alone and in need. What happened? How did you feel afterwards?

## START WITH HELLO

is a prevention program that teaches children and teens how to be more socially inclusive and connected to each other. Start With Hello asks students, educators, parents and other community leaders who interact with children to take steps in class, the lunchroom and/or other times in their day to be inclusive and connected.

- Be there for your child.

Talk about what your child can do if they ever feel lonely at school. Remind your child that you are always there for them if they need someone to talk to.

- Talk about good and bad kinds of being alone. When does being alone feel good? When does being alone feel bad?

Fostering inclusion and community is an important life skill and with practice, simple to do every day. There is no age limit to reaching out to and helping others!

Your school or community organization may already be taking part in Sandy Hook Promise's Start With Hello activities. If they aren't, why not bring Start With Hello to them? All the materials and training are provided at no cost and are extremely easy to implement. Also-kids love it! We believe Start With Hello will be both meaningful and fun for your child. But it can also be fun for youl We hope you can use the ideas in the brief guide to continue the conversation at home and beyond into your community.

## FOR GRADES 2-5

- Act it outl

Pretend to be an isolated student at your child's school and have your child practice reaching out and saying hello. Act out different scenarios, then switch roles and try it again.

- Create a poster.

Draw or paint a poster with your child to remind your family to "Start With Hello" and hang it up in your house.

- Learn how to say hello in different languages. Challenge your child to try a different language each time they say hello!
French-Bonjour Spanish-Hola Italian - Buon Giorno German- Guten Tag
- Make It a gamel

Create a family wide contest to see who can say hello to the most people each day. Keep track of each person's hello count' and celebrate the winner at the end of the week.

## FOR GRADES 6-12

- Share strategles for starting conversations. Create your own conversation starters or try using the following: How is your day going? What did you do over the weekend?
- Discuss cyber bullying.

Talk about what respect and social inclusion looks like on social media and discuss what to do if they witness cyber bullying.

